



SISS Secondary June 2020

Dear students of Schuldorf Bergstrasse,

This time of Covid 19 has shaken all our lives up quite a bit. Staying in touch with your friends has been made harder and home schooling comes with its very own challenges. Some of you might worry about family and friends, about your future and a multitude of other topics such as:

physical or psychological abuse and how to protect yourself from it, depression, issues with fellow students, issues with teachers or parents, violence of any kind, drug abuse.

Please know that you are not alone!

It is important to us to let you know that we are here for you! Together with you, we will find a solution - no matter you need to be supported with. Please understand that you can always confide in your class teacher, school counsellors, all members of the prevention team or any teacher you trust.

Make sure you **check out our website, drop us an email or make a call**

www.schuldorf.de/schulleben/praevention

New members of our prevention team for sexualized violence (or any other issues):

Ms Scheuren - t.scheuren@schuldorf.de

Mr Kögel for all boys requiring support with sensitive matters t.koegel@schuldorf.de

You can reach out to us by phone: 01525 - 5874399 (Mo-Fri, 9am-1.30pm)

Below are further support lines outside school that you can always turn to:

Emotional counselling hotline 0800 11 10 11

Substance abuse hotline 01805 31 3031 11

Number against grief 116 111

Violence against women support hotline 08000 116 016

Sexual abuse support hotline 0800 22 55 350

Children and teenager support hotline 0800 11 10 333

Project ANNA ("No giving up") in Darmstadt 0800 66 88 100; beratung@save-me-online.de

Together we can do this!

Your team from Schuldorf Bergstraße

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